



Blues FC Concussion Information – Updated 2017

Hello Blues FC Families,

The health and safety of our players has always been a top priority and is critically important to the Blues.

Due to recent legislation and recommendations from US Soccer and NorCal Premier, all youth sports organizations are required to implement updated Concussion Protocols for 2017. Blues FC has compiled the following information regarding concussions and steps to take should your child experience a possible concussion.

The attached FAQ includes the following information:

1. Head injuries and their potential consequences
2. The signs and symptoms of a concussion

An athlete who is suspected of sustaining a concussion or other head injury in an athletic activity shall be immediately removed from the athletic activity for the remainder of the day, and shall not be permitted to return to any athletic activity until he or she is evaluated by a licensed health care provider. The athlete shall not be permitted to return to athletic activity until he or she receives written clearance to return to athletic activity from a licensed health care provider. If the licensed health care provider determines that the athlete sustained a concussion or other head injury, the athlete shall also complete a graduated return-to-play protocol of no less than seven days in duration under the supervision of a licensed health care provider.

If an athlete who is 17 years of age or younger has been removed from athletic activity due to a suspected concussion, Blues FC shall notify a parent or guardian of that athlete of the time and date of the injury, the symptoms observed, and any treatment provided to that athlete for the injury.

More information is provided on our website under the Members tab at:

<http://bluesfc.org>

Also, NorCal Premier has posted information on their website:

<http://norcalpremier.com/resources/head-injury-prevention-protocol/>

Thank you,
Blues FC